

Place	Bib	Name	M/F	AG	Club	Time
M35-64						
1.	17	Jethro Lennox	m	M40	Shettleston Harriers	0:29:33
2.	6	Steven McAlary	m	M35	City of Derry Spartans AC	0:29:40
3.	58	Ben Reynolds	m	M55	Thames Hare & Hounds M45	0:29:45
4.	41	Eamon White	m	M50	North Belfast Harriers M45	0:29:47
5.	9	Moray Anderson	m	M40	Corstorphine AAC M35	0:29:52
6.	24	Martin Shore	m	M40	Thames Hare & Hounds	0:29:59
7.	29	Alastair Johnson	m	M45	Gosforth Harriers & AC	0:30:14
8.	3	Jeff Cunningham	m	M35	Herne Hill Harriers M35	0:30:19
9.	15	Tom Ferrington	m	M40	Corstorphine AAC M35	0:30:31
10.	32	Neil Carty	m	M50	North Belfast Harriers M45	0:30:33
11.	76	Michael Combe	m	M40	Willowfield Harriers	0:30:34
12.	40	Andy Weir	m	M50	Thames Hare & Hounds M45	0:30:36
13.	31	Andrew Mitchell	m	M45	Thames Valley Harriers	0:30:38
14.	13	Stephen Dickens	m	M40	Rushcliffe AC M35	0:30:49
15.	16	David Hudson	m	M40	Salford Harriers & AC M35	0:30:50
16.	28	Paul Cheetham	m	M45	Thames Hare & Hounds M45	0:30:53
17.	45	Colin Donnelly	m	M55	Cambuslang Harriers	0:30:56
18.	14	Marlon Dunkley	m	M40	Rushcliffe AC M35	0:30:58
19.	21	Ross Milne	m	M40	Corstorphine AAC M35	0:31:03
20.	37	Philip Leybourne	m	M50	Salford Harriers & AC M35	0:31:09
21.	18	John Lloyd	m	M40	Salford Harriers & AC M35	0:31:33
22.	23	Nicky Napier	m	M40	Annadale Striders	0:31:36
23.	51	Peter Knight	m	M55	Midland Masters AC	0:31:37
24.	74	Alastair Walker	m	M60	Teviotdale Harriers	0:31:41
25.	25	Paul Thompson	m	M40	Springwell RC	0:31:41
26.	50	Tommy Hughes	m	M55	Leicester Coritanian AC	0:31:42
27.	11	Neil Curran	m	M40	East Down AC	0:31:45
28.	7	David Proctor	m	M35	Willowfield Harriers	0:31:46
29.	52	Ifan Lloyd	m	M55	Swansea Harriers AC M55	0:31:48
30.	34	Nat Glenn	m	M50	North Belfast Harriers M45	0:31:48
31.	62	Stephen Watmough	m	M55	Warrington A C M55	0:31:59
32.	22	Matthew Munro	m	M40	Herne Hill Harriers M35	0:32:04
33.	54	Robert McHarg	m	M55	Datchet Dashers	0:32:07
34.	19	Peter Mackie	m	M40	Shettleston Harriers	0:32:09
35.	26	David Turtle	m	M40	East Antrim Harriers AC	0:32:12
36.	44	David Clarke	m	M55	North Belfast Harriers M45	0:32:13
37.	63	Robert Atkinson	m	M60	Barrow & Furness Striders AC	0:32:18
38.	43	Colin Bishop	m	M55	Warrington A C M55	0:32:42
39.	10	Alan Barnes	m	M40	Herne Hill Harriers M35	0:32:58
40.	66	Laurence Johnston	m	M60	North Belfast Harriers M45	0:33:11
41.	69	Paul Merrison	m	M60	Sunderland Harriers & AC	0:33:23
42.	38	Graham Moffatt	m	M50	Rushcliffe AC M45	0:33:29
43.	64	Michael Bridgeland	m	M60	Chelmsford AC	0:33:34
44.	56	David Norman	m	M55	Warrington A C M55	0:33:46
45.	59	Steve Smith	m	M55	Swansea Harriers AC M55	0:34:13
46.	20	Billy McCartney	m	M40	Salford Harriers & AC M35	0:34:18
47.	61	James Wallace	m	M55	North Belfast Harriers M45	0:34:32
48.	30	Thomas Leitch	m	M45	Victoria Park & Connswater AC	0:34:39

49.	27	James Ward	m	M40	Herne Hill Harriers M35	0:34:54
50.	42	Langdon Williams	m	M50	Exmouth Harriers	0:35:02
51.	46	Steven Doxey	m	M55	Swinton Running Club	0:35:03
52.	67	Norman Mawhinney	m	M60	Scrabo Striders Running Club	0:35:43
53.	33	Malcolm Davies	m	M50	The Stragglers Running Club	0:35:46
54.	53	Sean McAllister	m	M55	Larne AC	0:36:14
55.	49	Thomas Guest	m	M55	Swansea Harriers AC M55	0:36:21
56.	8	Ed Wilson	m	M35	City of Stoke AC	0:36:31
57.	4	Matt Hibberd	m	M35	Southampton Athletic Club	0:36:42
58.	47	Martin Farran	m	M55	Leeds City Athletic Club	0:36:48
59.	75	Paul Lemmon	m	M55	Bingley Harriers & AC	0:37:13
60.	70	Gerry O'Doherty	m	M60	Springwell RC	0:37:21
61.	39	Paul Smith	m	M50	Road Runners Club	0:37:32
62.	57	Trevor Rayner	m	M55	Salford Harriers & AC M35	0:37:51
63.	1	Kevin Bowen	m	M35	Rushcliffe AC M35	0:38:01
64.	65	Derek Clyne	m	M60	Teviotdale Harriers	0:39:28
65.	55	Robert Nagorski	m	M55	Herne Hill Harriers	0:39:53
66.	60	David Sweet	m	M55	Rushcliffe AC M45	0:39:58
67.	36	Morten Hojbjerg	m	M50	Rushcliffe AC M45	0:40:23
68.	71	Valdis Pauzers	m	M60	Herne Hill Harriers	0:41:18
69.	68	Gerald Meah	m	M60	Cambridge & Coleridge AC	0:43:18
70.	73	Edward Skinner	m	M60	Tiptree Road Runners	0:58:46